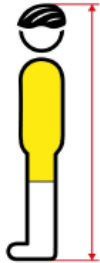


Read how to do the measurement here

HEIGHT

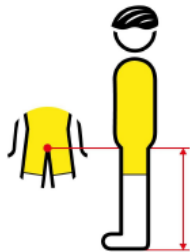
ALTURA



cm

cm

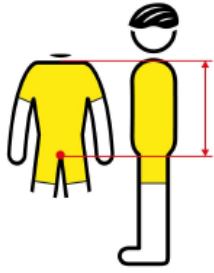
LEG LENGTH: this can also be measured from the trochanter (the head of the femur in the hip, the bone that protrudes when moving the leg) to the malleolus (ankle bone).



cm*

cm*

TORSO LENGTH: from the crotch to the beginning of the sternum.



cm*

cm*

ARM LENGTH: this is measured from the acromioclavicular joint (final bony part of the shoulder) to the halfway point of the hand in straight lines.

